



Courtenay Recreation

# MAY



Youth Centre & Indoor Skatepark  
300 Old Island Hwy,  
Courtenay  
250-334-8138

Come join us at the LINC! Here is what you can expect each day of the week!

**Tuesdays Arts and Crafts:** Paint, colour or use your imagination to create a unique masterpiece.

**Wednesdays Workout Wednesday:** Join us for guided workouts on Wednesdays from 4:30 - 5:30. Possible activities will be Nature Walk, Yoga, Basketball and more!

**Thursday Music Nights:** Bring your own instrument or borrow one of our guitars or our drum set!

**Friday Fabulous Fridays:** Come join us for fabulous programs throughout May!

**Saturday Free Food Frenzy:** 1st & 3rd Saturday of the month

If you want to come to drop-in, every day of the week you can access all of these great things:

- Crafts
- Art supplies
- Board games
- A variety of gaming systems
- Indoor skatepark
- Musical instruments
- Computers
- Pool tables and other table games

*Do you have any suggestions for themes or programs, let Kelsey know your great ideas at [ksmith@courtenay.ca](mailto:ksmith@courtenay.ca)*

We will still be hosting special events throughout the year. Please check our social media and community posters for more details.

*Tuesday*

(ages 8 - 11 years)  
3 - 7 pm

Arts & Crafts



*Wednesday*

(8 years & over)  
3 - 8 pm

Workout Wednesday



*Thursday*

(11 years & over)  
3 - 8 pm

Music Nights



*Friday*

(11 years & over)  
3 - 11 pm

Fabulous Fridays



*Saturday*

(11 years & over)  
3 - 11 pm

Free Food Frenzy 1st & 3rd Saturday

